



PULSE

May 31, 2016
VOL. 27 NO. 5

NEWS OF INTEREST TO RPMH EMPLOYEES

EMPLOYEE OF THE MONTH



Congratulations to Shelly Romero, our May Employee of the Month! Shelly was hired as an LVN in our Home Health Department March 9, 2015. She previously worked with Dr. Kassis at the Rural Health Clinic for 14 years, until he retired in 2015. She was nominated for Employee of the Month by a co-worker that said, "I never see Shelly frown! She is always pleasant and nice, and I wish everyone was like her! Shelly is a 1985 graduate of Sweetwater High School, and a 1995 graduate of Texas State Technical College. She and her husband, Paul, live in Sweetwater. Congratulations Shelly!

SPECIAL DAYS



May 30: Memorial Day
June 19: Father's Day
June 20: First Day of summer

NEW EMPLOYEES



WELCOME!!!

Administration: Jessica Bond
Environmental Services: Jennifer Nichols & Diana Lopez
Nursing: Danielle Roadcap, Terri Daws, Tracy Jaramillo, Chelsey Koen, Courtney Robison, Layla Bohall, Rosario Silva
Radiology: Todd Smith
Security: Daniel Martinez
Ward Clerks: Jessica Reeves & Carissa Espinoza
Wellness: Jessica Aguirre & Jessica Galindo
Plant Operations: Kaleb Hoover

HENRIETTA THE HIPAA HIPPO: DON'T LET YOUR PC GET A VIRUS!

HENRIETTA



THE HIPAA HIPPO



BE SMARTER THAN THE HACKERS

Protecting our patient information also requires us to keep our network and computers free from spam and viruses. Our IT department works actively to ensure our network stays free of these potential computer killers.

We utilize an Antivirus program that is deployed across the network to individual computers. The program is continuously updated as new viruses are detected, keeping the PC updated as well. The IT Department gets a notification if a virus was detected and blocked on a PC, or detected on not able to block. The notification tells which PC, the name of the virus, and the website that might have caused the virus. Alex will then generally contact the user and the director of that department with this information.

To protect our email, we have a spam filter that actually filters from the firewall. Anything that is determined by the filter to be spam is blocked at the firewall level and never reaches the users' inbox. Of course, this filter could and occasionally does block legitimate emails. If you have email, you receive an email titled "Admin Junk Summary" around 2 pm every day. This is a list of the emails that were blocked at the firewall level. **IT IS VERY IMPORTANT THAT YOU LOOK THROUGH THIS LIST** to see if legitimate ones were blocked. You have an opportunity to download any legitimate ones you find. You can then call the IT department and tell them and they can set the filter to allow that email address to pass through to your inbox.



WHAT CAN YOU DO TO?

Always be aware of websites you are accessing and know they are legitimate. Viruses and spam most commonly come from shopping, dating, and gambling websites. This is the main reason them we have them listed in our internet and email policy as No-No's. Avoid these types of websites, especially if they are not a well-known, reputable website (such as Amazon).

Do not open any attachments in an email if you do not know the source that is sending them to you. This is the most common way to get a virus. The attachment can also be scanned by our antivirus software before opening. Contact IT if you wish to do this. Also, do not trust emails that state they are from IT or Administration and are telling you to do something specific with your email or PC. The most common one I have seen if from the IT Help Desk stating you have reached the max on emails. Contact the IT Department if you see any of these type of emails. Always remember that even though we have tools to use for our protections, nothing beats having individuals who are informed and alert to these vulnerabilities.



PATIENT OPINION POLL



"Dr. Marvel's office has the nicest ladies working for him. They were friendly and very helpful."

"I had minor surgery 2 weeks ago and Angella Soles was my nurse. I saw her in Wal-Mart and she gave me a hug and asked how I was doing. It goes to show the employees care about you outside the hospital as well as inside the hospital. Angella Soles is a ray of sunshine!!!"

"Sue Baucom is totally awesome. She is very professional and compassionate to everyone and is definitely an asset to this hospital."

"I want to praise my night nurse, Rosa Galvan. She is very considerate and thorough. All my nurses are excellent and are attentive and treat me like family. I have been treated very well by all including the physical therapist. This hospital is heads above other hospitals."

"Everyone was completely awesome! I would drive 4 1/2 hours to come to this hospital rather than go 2 hours at home."

SPECIAL MENTIONS



Alesha Bolton
Deni Fullwood
Angella Soles
Brandy Roemisch
Crystal Cornutt
Danyel Culwell
Jill Moncada
Mary Garza
Sandra Rendon
Shayla Veal

David Figueroa
Erica Cashiola
Dr. Enard
Dr. Onwuchuruba
Dr. Smola
Dr. Walthall
Christan Manrique
Patricia Martin
Sarah Silva
Sonia Molina

Eddie Spencer
Wendy Davis
Heidi Schlemmer
Helena Beltran
Hydie Stewart
Jennifer Pena
Lynette McQueen
Rosa Galvan
Sharon Jones
Sue Baucom



Thanks to all that participated in our Scrub Sale on May 24! Proceeds from your purchases benefit the RPMH Auxiliary and Hospital.

Come visit us in our newly remodeled Gift Shop! We have gifts suitable for graduates, Father's Day and any other occasion. Postage stamps are always available for purchase and we are now accepting debit and credit cards.

PROFESSOR ED



EDUCATION



Online Education: health.edu, [growing up with us.com](http://growingupwithus.com),
txhealthsteps.com

RPMH Forms Education: Growing Up with Us Newsletter

Healthcare Provider BLS: June 17th at 9 a.m., Cardiac Wellness
Classroom

Basic EKG class: June 3rd at 9 a.m., Cardiac Wellness
Classroom

Remember to check bulletin boards and RPMH
calendar for upcoming education!

Jewel Parker, R.N.
Staff Educator
Ext. 306