

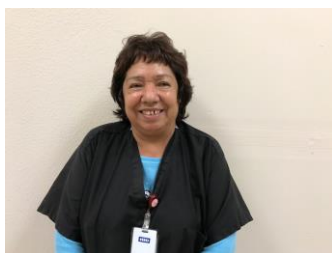


PULSE

September 29, 2017
VOL. 28 NO. 9

NEWS OF INTEREST TO RPMH EMPLOYEES

EMPLOYEE OF THE MONTH



Congratulations to Eva Martinez, our September Employee of the Month! Eva has been with RPMH since June 25, 2008. She was nominated by a co-worker that said, "Eva is so sweet and has an infectious smile! She is always working hard, but takes time to help others." The co-worker went on to say, "I believe that is what makes a good employee and Eva shows this in her everyday duties." Congratulations to Eva, our September Employee of the Month!

SPECIAL DAYS



October 9 – Columbus Day
October 10 – TSTC Health Fair
October 13 – Breast Cancer Survivor Luncheon
October 16 – National Boss's Day
October 31 – Trunk or Treat

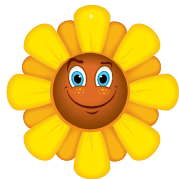
Volunteer News

Christmas Shopping in the Gift Shop Begins November 1, 2017. Stop in and see our new line of rings. They'll be excellent stocking stuffers!!



Can you name the Core Values of RPMH? They are Excellence, Accountability, Stewardship, Compassion and Others First.

SPECIAL MENTIONS



Amanda Gonzales
Amber Hope
Arnettia Jennings
Becky Bohall
Beth Harbour
Chelsey Koen
Diane Calcote
Doug Hardin
Dr. Liedtke
Dr. Majkowski

Dr. Moses
Dr. Ross
Dr. Smola
Jeree Hendley
Jodi Kingston
Kasey Jeffrey
Sue Baucom
Lisa Mann
Loran Hendrix
Matt Weaver

Misty Whoolery-Pratt
Mitzi Gunn
Rachel Sharp
Robin Rainey
Ryan Moore
Stephanie Robles
Vicky Hanes

NEW EMPLOYEES



WELCOME!!!

Welcome New RPMH Employees:

Med/Surg

Tricia Cunningham, LVN
Shawna Hoskins, RN

ER

Tana Gutierrez, RN
Georgie Porter, RN

PRN Pool

Stephanie Richey, RN

Rural Health Clinic

Breanna Villanueva, LVN

Wellness Center

Christy Bowen

Security

Officer Jerry Lopez

PATIENT OPINION POLL



This is a letter Mrs. Boatright receive in the mail and she thought it was worthy for all to read.

"I feel compelled to write this letter of appreciation and praise to your entire staff including but not limited to your maintenance, support personnel, reception and check-in, business office (Rena), Prep-Op nurses (Crystal Cornutt, RN), surgical suite team; Stephanie, Matt, Vicky, Kasey, Amber, Sue-who checked me out and Shorty, who retrieved my personal effects. Today was the seventh stay at your facility since November 2015 and I've always been treated with care, love, empathy, professionalism and at times-tolerance and humor. As to today's visit, I can't begin to express my praise and humbleness in the presence of people that have dedicated their lives to alleviating the suffering of others. And I wish to thank you for creating an environment and an atmosphere where these qualities can flourish. Every one of these people and Dr. Marvel deserve a "shining example" beside their name, but I want to recognize Crystal because from the moment I arrived she checked on me all the way. Thank you from the bottom of my heart!"

PROFESSOR ED



EDUCATION



Online Education: health.edu, growing up with us.com (newsletter staff login: 435617), txhealthsteps.com, netce.com

CPR Renewal: October 26th at 1 pm, Cardiac Wellness Classroom

CPR New Certification: October 27th 8am-2pm, Cardiac Wellness Classroom

Safety Storm Beta: October 18th at 8 am, 10 am, 1pm Cardiac Wellness Classroom October 25th at 8 am, 10 am, 1 pm Cardiac Wellness Classroom

State Board Requirement for Nursing Education

- A nurse is required to retain continuing competency records for three licensure renewal cycles at a minimum. 20 hours of CNE's is required every 2 years.
- LVN's and RN's are required to complete at least two contact hours of CNE in nursing jurisprudence and ethics prior to the end of each third two-year licensure renewal cycle. You may complete this at health.edu Course #33317.
- LVN's and RN's whose practice includes the older adult or geriatric population is required to complete at least two contact hours each renewal cycle. You may complete this at health.edu Course #35815.
- ER nursing staff needs to complete a one-time Forensic Evidence Collection. You may complete this at helath.edu Course # 311614.

Remember to check bulletin boards and RPMH calendar for upcoming education!

**Jewel Parker, R.N.
Staff Educator
Ext. 306**

HENRIETTA



THE HIPAA HIPPO



The HIPAA Committee oversees the HIPAA Policies and works to make sure employees are aware and follow the policies. Do you know who is on the HIPAA Committee?

- CFO who is the designated **COMPUTER SECURITY OFFICIAL** (Rhonda Guelker)
- HIM Director who is the designated **PRIVACY OFFICIAL** (Martha Rippy)
- IT Supervisor (Alex Gonzales)
- Senior Director Business Services (Julie Hall)
- Point of Care/UR Director (Vicky Rasberry)
- Safety Director (Mickey Williams)

SURVEYORS MAY ASK YOU WHO THE DESIGNATED SECURITY AND PRIVACY OFFICIALS ARE, SO PLEASE REMEMBER THESE 2 NAMES!

The Committee meets at least semi-annually and reviews policies, security incidents, privacy incidents, and results of patient audit trails. (employee accesses).

HURRICANE



HARVEY RELIEF



Congratulations RPMH!! Our fundraising challenge with Permian Regional Medical Center is over and we won!! Over the course of the challenge, RPMH raised \$5,130.77! Collectively, we will be able to donate over \$10,000 to the Texas Hospital Association. THA has been actively fundraising to provide as much assistance as possible to members of the medical community impacted by Hurricane Harvey. A HUGE thank you goes out to our dietary staff, who worked so hard to make our snacks, desserts, and casseroles. And thank you again to all of our RPMH family who donated.



What Next? Will You be Ready if Disaster Strikes?

September is National Preparedness Month. National Preparedness Month, held annually in September and sponsored by the Federal Emergency Management Agency, reminds us that we need to be ready to respond to natural and man-made disasters – no matter where we live. Disaster can strike at any time, so it's important to have a planned response when you're at work, on vacation or on the road.

Federal agencies, like Ready.gov, the National Oceanic and Atmospheric Administration and the Centers for Disease Control and Prevention, also are valuable resources for emergency preparedness. Preparedness doesn't mean that you're overly cautious or superstitious; it simply means in the event of a catastrophic event that left you without power, transportation, communication or means of escape that you are ready to survive.

When you face a natural or man-made emergency, try to stay informed through radio, TV or the Internet. In some cases, however, cable, electric and cell phone service will be disabled, making communication nearly impossible. The National Safety Council recommends the following general precautions that apply to many disaster situations:

- Make sure to have a family communication plan in place; all members of the family should review and practice the plan. Do your children know family members/alternated caregivers telephone numbers so in the event of a separation from you they could call someone they know or trust. Do they know their first and last names? Do they know your name- not only mama or daddy but your first and last name. Following Katrina there were over 3000 children that were never reunited with family members. Many of these children not only did not know their own names but did not know parents name either. We count on never being separated from your children but in the event of a disaster it can happen. You should also have a plan for your family in the event of separation to meet in a specific place identifiable by all if possible. Have recent pictures of your children in your document box. In the event your life is destroyed your pictures will be gone and, can you accurately describe your child better than a picture.

- Have all family members' and other important phone numbers written down or memorized. In today's world of technology we frequently just push a button to get a phone number and don't have to remember numbers as in the past. If this is you, with your papers of importance keep a small phone book with important numbers and addresses. These should not only include friends and family but numbers for credit cards, car loans, mortgages, and insurance policy numbers. You might not be the only person to lose your information with technology in a disaster.





•Have an emergency kit in your car and at least three days of food and water at home. To assemble a kit for your car have: a change of clothes, a blanket, water and non-perishable foods, first aid kit and a cell phone charger. Flares or high visibility triangles or lights may also be an advantage if something were to happen in the dark. In the event of a disaster you may not receive help from the outside depending on circumstances for 96 hours. This means time without electricity, running water or gas. Non-perishables are the key to putting this kit together in adequate amounts. You should store 1 gallon of drinking water per person per day and remember disaster never hits at an opportune time you will probably have company so keep extra. Other perishables include canned meats, dried meats, peanut butter, canned fruit, dried fruit, nuts, canned milk or powdered milk that can be mixed as you need it. Ready to eat meals may also be purchased in many venues that require only water and provide high calorie full meals that may be heated by an chem pack that is activated by water and are good for years. Extra batteries and flashlights are a must as well. Do not leave batteries in the flash light leave them in a sealed container until needed to prevent corrosion. Make sure to rotate them from time to time to keep fresh. If you have a lantern (electric or fuel) make sure you have adequate fuel/battery resources. In the event of lost power a battery powered or generated radio may be a necessity in your kit to know what is happening in your local area. Make sure your kit contains a first aid supplies at the least Tylenol, Ibuprofen, bandages, Band-Aids, and compression devices. Most disasters do not happen without a fall, scrape, bump or cut to someone. It may not be you but someone you love.

•Be sure to store all important documents – birth certificates, insurance policies, social security cards, credit cards and a small amount of cash etc. – in a fire-proof safe or safety deposit box. In addition you may save a electronic copy of these documents to a flashdrive, or other electronic storage device. This box should be small enough that you can grab and carry it quickly it should be water proof as well, therefore a large safe may not be very practical for immediate needs.

•Assign one family member the responsibility of learning first aid. If possible your whole family should at least have basic first aid, although one person is good that may be the person that is injured. First Aid classes may be obtained in many places for free or minimal expense.



- Know how to shut off utilities. Utilities in the event of disruption may become your worst enemy if you are unable to turn off. In the event of electricity, gas or water they may be easily turned off if you know where to find them, but you have to know where the turnoffs are. In the event you are unable to turn them off be alert to smells, sounds and locations of possible leaks. Stay away from the areas where you hear hissing, smell gas or hear popping noises or see sparks, if you do not know where cutoffs are.

- In addition to this be familiar with alternative escape routes from the area. In the event of a disaster the roads that you are familiar with may be impassable necessitating alternative routes. A roadmap may be of benefit as well as you may need to find ways out of an area again technology may not be available on cellphones or other means dependent upon cell towers.

"IT WASN'T RAINING WHEN NOAH BUILT THE ARK!"

ROBERT RUFF



Readers' Choice Award-Best Clinic

fun facts



For a little "reminder" don't forget the conscious sedation documentation is on paper.

A decorative border surrounding the "Upcoming Events" section, featuring various Halloween-themed icons like pumpkins, ghosts, spiders, witches, and cats.

Upcoming Events

- Oct. 8-14: Jeans and sports/breast cancer awareness t-shirts
- Oct. 10: Health Fair at TSTC, 10am-1:30pm
- Oct. 11: Lunch & Learn: Breast Cancer Awareness, 12-1pm
- Oct. 13: Breast Cancer Survivor's Luncheon
- Oct. 16-20: United Way Drive
- Oct 31: Pumpkin Decorating Contest

pageborders.org

OB BABY BULLETIN BOARD





WE RAISED \$5,000

Our challenge with Permian Regional Medical Center is complete, and the numbers are in! Our two hospitals raised a total of **\$10,000!!**

As a reward for all of your hard work, the week of October 8-14 all staff, ***including all nursing staff***, will be able to wear jeans and t-shirts supporting either local teams or breast cancer awareness.

